



SWIMMING REGULATIONS

I. TIME AND PLACE

From May 17 to May 18, 2019.

Girstutis pool and sport center

50 m indoor swimming pool, 8 lanes (depth at start 2,50 m, water temperature 27,5 C.)

Kovo – 11 str. 26, Kaunas

II. PARTICIPANTS

- Individual and relay competition.
- The competition will be held under FINA rules and regulations.
- Participants of the competition swimming costumes must to meet the requirements of FINA.
- Competition will be individual and open teams all starts are direct finals.
- Athletes can participate in each individual events (2) and relay-races.
- The event will not be held if there are 3 or less participants.
- Members of team for relay-race can be only from the same university.

Electronical OMEGA timekeeping will be used.

All competing participants must meet the requirements of the General Regulations of SELL 2019 Kaunas games.

III. PROGRAM

17th of May (Friday):

10.00 – 10.40

warm up

10.45

opening ceremony

11.00

start of the competition

All starts are direct finals

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|----|------------------|---|
| 1. | 100 m free style | W |
| 2. | 100 free style | M |
| 3. | 50 m backstroke | W |
| 4. | 50 m backstroke | M |

Awarding ceremony: 1 – 2 meets

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|----|-------------------|---|
| 5. | 200 m medley | W |
| 6. | 200 m medley | M |
| 7. | 50 m breaststroke | W |
| 8. | 50 m breaststroke | M |

Awarding ceremony: 3 – 4 meets

Awarding ceremony: 5 – 6 meets

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|-----|-----------------|---|
| 9. | 100 m butterfly | W |
| 10. | 100 m butterfly | M |

Awarding ceremony: 7 – 8 meets

Awarding ceremony: 9 – 10 meets

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| 11. | 4 x 50 free style | 2W+2M |
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XXXV SELL
STUDENTS GAMES
KAUNAS 2019

18th of May (Saturday):

11.00 – 11.45	warm up
11.45	Awarding ceremony: 11 meet
12.00	start of the competition
All starts are direct finals	
12. 50 m free style	W
13. 50 free style	M
14. 100 m backstroke	W
15. 100 m backstroke	M
Awarding ceremony: 12 – 13 meets	
Awarding ceremony: 14 – 15 meets	
16. 100 m breaststroke	W
17. 100 m breaststroke	M
18. 50 m butterfly	W
19. 50 m butterfly	M
Awarding ceremony: 16 – 17 meets	
Awarding ceremony: 18 – 19 meets	
20. 4 x 50 medley relay	2W+2M
Awarding ceremony: 20 meets	

IV. REQUISITION FORM

Technical form until May 12th 2019 23.59 by e-mail. SELLswimming@gmail.com

- We will confirm your form and report by email
- In the technical form **you must** to fill best results of 50 m pool (from 1th of May 2018 until 1th of May 2019).
- Last update – 16th of May 2019 12:00. After this **no any changes**.
- Competition conducted by the „Meet Manager“program.

IV. MEDICAL SERVICE

The participants must have the appropriate insurance to cover travel and participation, as they are not the responsibility of the OC. The OC will insure the first aid at the competition venues for all accredited persons.

V. HEAD REFEREE

Ilona Judita Zuoziene

Ilona.zuoziene@lsu.lt / www.lssa.lt/sell2019/